

# Benjamin Allen

*Grief Recovery Specialist \* Speaker \* Author*



**Inspiring organizations, service professionals and caregivers to stay centered and strong through the challenging landscape of grief.**

*Benjamin's story is so emotionally engaging you'll be mesmerized and inspired.*

*His ability to clearly articulate the crucial aspects of grief and how to best support anyone through loss is unsurpassed.*

*He delivers practical tools and resources to help caregivers and professionals give optimum service and care to their clients and patients.*

Contact **Rachel Flower**

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## Signature Talks

### **Return from Burnout**

*Re-ignite your energy and deliver optimum service to your patients*

Discover the art of pacing, deep self-care and how to connect back to your purpose so you can deliver exceptional care to your patients again.

### **The Emotional Rollercoaster of Loss**

*How to deal with a grieving client without being overwhelmed*

Learn how to identify and work through grief; how to emotionally prepare before dealing with grieving patients and their families; and how to communicate with them without getting overwhelmed.

### **The Elephant in the Workplace**

*Dealing with Grief Under Pressure*

Discover ways to move through the loss, re-connect with their purpose and understand how to maintain a healthy workplace, despite the daily pressures.

[www.TheAfterloss.com](http://www.TheAfterloss.com)



*Benjamin is an inspiring and compelling speaker and guide. His ability to clearly articulate the crucial aspects of grief and how to best support our clients through loss has helped us be much more effective in serving our clients. Many of our Wealth Manager groups have benefitted from his unique and deeply informed perspective.*

Greg Skidmore  
President of Wealth Management, Belpointe

*Benjamin has the ability to mesmerize an entire audience. To date his live broadcast of **Grief Diaries Radio** in 2014 remains in our #1 spot, for good reason.*

*I invited Benjamin to be a keynote speaker at the **National Grief & Hope Convention** in Indianapolis. Once again, he hit a home run.*

Lynda Cheldelin Fell  
CEO, National Grief Institute

Benjamin appeared extensively in the media including **The New York Times**, **The Today Show**, **Good Morning America**, **Dateline** and **20/20** because of the tragedy his family endured.

International best-selling author, Benjamin wrote **Out of the Ashes**, **Healing in the AfterLoss**, **Grief Coloring Book**, and **Seasons of Solace**, to honor the legacy of his wife and two sons, and to help others in their journey through grief.

Certified by The Grief Recovery Institute, Benjamin has worked with grieving individuals and groups for decades. He Lives in Lake Tahoe, Nevada, delivers corporate training and personal growth programs.

*Benjamin is a refined presenter with a unique gift to connect with his audience in a deep and meaningful way. I invited him to be the keynote speaker for our annual donor family gathering as well as a caregiver grief symposium, and the feedback we received was overwhelmingly positive.*

Christopher Donhost  
Donor Recovery Liaison  
Sierra Donor Services

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